

IADL

<b>ACTIVITY</b>	<b>INDEPENDENCE NO assistance needed</b>	<b>DEPEDNDENCE YES assistance needed</b>
<b>Telephone</b> Points: _____	<ul style="list-style-type: none"> <li>• Operates telephone on own initiative.</li> <li>• Looks up and dials numbers.</li> <li>• Dials a few well-known numbers.</li> <li>• Answers but does not dial.</li> </ul> <b>(0 Points)</b>	<ul style="list-style-type: none"> <li>• Does not use telephone at all.</li> </ul> <b>(1 Point)</b>
<b>Shopping</b> Points: _____	<ul style="list-style-type: none"> <li>• Takes care of all shopping needs.</li> </ul> <b>(0 Points)</b>	<ul style="list-style-type: none"> <li>• Needs to be accompanied on any shopping trip.</li> <li>• Completely unable to shop.</li> </ul> <b>(1 Point)</b>
<b>Food Preparation</b> Points: _____	<ul style="list-style-type: none"> <li>• Plans, prepares, and serves adequate meals independently.</li> </ul> <b>(0 Points)</b>	<ul style="list-style-type: none"> <li>• Prepares adequate meals <b>IF</b> supplied with ingredients or heats delivered meals.</li> <li>• Prepares meals but does not maintain an adequate diet.</li> <li>• Needs to have meals prepared and served.</li> </ul> <b>(1 Point)</b>
<b>Housekeeping</b> Points: _____	<ul style="list-style-type: none"> <li>• Maintains house alone or with occasional assistance.</li> <li>• Performs light daily tasks (bed making, dishwashing).</li> </ul> <b>(0 Points)</b>	<ul style="list-style-type: none"> <li>• Needs help with all home maintenance tasks.</li> <li>• Does not participate in any housekeeping tasks.</li> </ul> <b>(1 Point)</b>
<b>Laundry</b> Points: _____	<ul style="list-style-type: none"> <li>• Does all personal laundry completely.</li> <li>• Launders small items.</li> </ul> <b>(0 Points)</b>	<ul style="list-style-type: none"> <li>• Launders only small items.</li> <li>• All laundry done by others.</li> </ul> <b>(1 Point)</b>
<b>Transportation</b> Points: _____	<ul style="list-style-type: none"> <li>• Travels independently on public transport or drives car.</li> <li>• Arranges own travel.</li> <li>• Travels on public transport when accompanied.</li> </ul> <b>(0 Points)</b>	<ul style="list-style-type: none"> <li>• Travel limited to taxi or vehicle with assistance of another.</li> <li>• Does not travel at all.</li> </ul> <b>(1 Points)</b>
<b>Medication</b> Points: _____	<ul style="list-style-type: none"> <li>• Takes medication without help at correct dose at correct time.</li> </ul> <b>(0 Points)</b>	<ul style="list-style-type: none"> <li>• Is not capable of dispensing own medication.</li> </ul> <b>(1 Point)</b>
<b>Money Management</b> Points: _____	<ul style="list-style-type: none"> <li>• Manages all financial matters (pays bills, goes to bank).</li> <li>• Manages day to day purchases but needs help with banking, major transactions.</li> </ul> <b>(0 Points)</b>	<ul style="list-style-type: none"> <li>• Incapable of making financial decisions or handling money.</li> </ul> <b>(1 Points)</b>

**SCORE = \_\_\_\_\_ Number of IADL impairments**