

IADL

ACTIVITY	INDEPENDENCE NO assistance needed	DEPEDNDENCE YES assistance needed
Telephone Points: _____	<ul style="list-style-type: none"> • Operates telephone on own initiative. • Looks up and dials numbers. • Dials a few well-known numbers. • Answers but does not dial. (0 Points)	<ul style="list-style-type: none"> • Does not use telephone at all. (1 Point)
Shopping Points: _____	<ul style="list-style-type: none"> • Takes care of all shopping needs. (0 Points)	<ul style="list-style-type: none"> • Needs to be accompanied on any shopping trip. • Completely unable to shop. (1 Point)
Food Preparation Points: _____	<ul style="list-style-type: none"> • Plans, prepares, and serves adequate meals independently. (0 Points)	<ul style="list-style-type: none"> • Prepares adequate meals IF supplied with ingredients or heats delivered meals. • Prepares meals but does not maintain an adequate diet. • Needs to have meals prepared and served. (1 Point)
Housekeeping Points: _____	<ul style="list-style-type: none"> • Maintains house alone or with occasional assistance. • Performs light daily tasks (bed making, dishwashing). (0 Points)	<ul style="list-style-type: none"> • Needs help with all home maintenance tasks. • Does not participate in any housekeeping tasks. (1 Point)
Laundry Points: _____	<ul style="list-style-type: none"> • Does all personal laundry completely. • Launders small items. (0 Points)	<ul style="list-style-type: none"> • Launders only small items. • All laundry done by others. (1 Point)
Transportation Points: _____	<ul style="list-style-type: none"> • Travels independently on public transport or drives car. • Arranges own travel. • Travels on public transport when accompanied. (0 Points)	<ul style="list-style-type: none"> • Travel limited to taxi or vehicle with assistance of another. • Does not travel at all. (1 Points)
Medication Points: _____	<ul style="list-style-type: none"> • Takes medication without help at correct dose at correct time. (0 Points)	<ul style="list-style-type: none"> • Is not capable of dispensing own medication. (1 Point)
Money Management Points: _____	<ul style="list-style-type: none"> • Manages all financial matters (pays bills, goes to bank). • Manages day to day purchases but needs help with banking, major transactions. (0 Points)	<ul style="list-style-type: none"> • Incapable of making financial decisions or handling money. (1 Points)

SCORE = _____ Number of IADL impairments