

Activities of Daily Living

ACTIVITIES	INDEPENDENCE: NO supervision, direction or personal assistance	DEPENDENCE: WITH supervision, direction, personal assistance or total care
BATHING Points: _____	Bathes self completely or needs help in bathing only a single part of the body such as the back, genital area or disabled extremity. (0 POINTS)	Needs help with bathing more than one part of the body, getting in or out of the tub or shower. Requires total bathing. (1 POINT)
DRESSING Points: _____	Gets clothes from closets and drawers and puts on clothes and outer garments complete with fasteners. May have help tying shoes. (0 POINTS)	Needs help with dressing self or needs to be completely dressed. (1 POINT)
TOILETING Points: _____	Goes to toilet, gets on and off, arranges clothes, cleans genital area without help. (0 POINTS)	Needs help transferring to the toilet, cleaning self or uses bedpan or commode. (1 POINT)
TRANSFERRING Points: _____	Moves in and out of bed or chair unassisted. Mechanical transferring aides are acceptable. (0 POINTS)	Needs help in moving from bed to chair or requires a complete transfer. (1 POINT)
WALKING Points: _____	Walks independently. (0 POINTS)	Walks with assistance; uses furniture, an arm or cane/walker for support. Unable to walk. (1 POINT)
FEEDING Points: _____	Gets food from plate into mouth without help. Preparation of food may be done by another person. (0 POINTS)	Needs partial or total help with feeding or requires parenteral feeding. (1 POINT)
TOTAL = _____ NUMBER OF ADL IMPAIRMENTS		