Linking Nutrition and Health
30 Years of the Older Americans Act Nutrition Programs
Third State Nutritionists/Administrators Conference

June 2-4, 2002
Washington Hilton & Towers
1919 Connecticut Avenue, NW
Washington, DC

Agenda

**Sunday, June 2, 2002**

- **6:00–7:00 pm**  Registration: *Tote Bags Compliments of the National Committee to Preserve Social Security and Medicare*

- **7:00-8:30 pm**  Health Promotion Session I:
  - *Social Change and Physical Activity*
    John Peters, PhD, Director, Nutrition Science Institute, Proctor & Gamble Co.
  - *Colorado on the Move: Perspective from the Regional Office*
    Jo Ann Pegues, MPA, RD, Regional Nutritionist, Administration on Aging
  - *Steps to Healthy Aging: Eating Better & Moving More*
    Nancy Wellman, PhD, RD, Director, National Policy and Resource Center on Nutrition and Aging
  
  *Moving More Pilot Project: SUA Nutritionists & Administrators*
  Moderator: Brian Lutz, Acting Director, Office of Community Based Services, Administration on Aging

- **8:30-10:00 pm**  Hospitality Suite: *Compliments of The NutraSweet Company*

**Monday, June 3, 2002**

- **8:00-8:30 am**  Continental Breakfast: *Compliments of Sun Meadow/GA Foods*
  Registration
  Resource Table

- **8:30-9:30 am**  Health Promotion Session II: *Nutrition, Functionality, and Aging*
  Mary Ann Johnson, PhD, Professor, University of Georgia
  Moderator: David Ishida, Region IX Administrator, Administration on Aging

- **9:30-10:00 am**  Health Promotion Session III: *I Remember When: THE AoA VIEW*
  Joseph Carlin, MS, RD, FADA, Regional Nutritionist, Administration on Aging
  Bonnie Athas, RD, Nutritionist, UT State Division of Aging and Adult Services
  Jo Ann Pegues
10:00-10:15 am  GREETINGS
Josefina G. Carbonell, Assistant Secretary for Aging, Administration on Aging

10:15-10:30 am  Break

10:30-11:45 am  Implementing the New Nutrition Provisions of the Older Americans Act Reauthorization
Edwin L Walker, Director, Office of Community Based Services and Wellness, Administration on Aging
Deborah Burns, MSW, Office of Community Based Services, Administration on Aging
Moderator: Percy Devine, Regions IV & VIII Administrator, Administration on Aging

11:45-1:00 pm  Networking Luncheon: Compliments of Ross Products, Abbott Laboratories
State Unit on Aging Nutritionists Network
Amy Nickerson, VT; Laura Hudspeth, WY; Sudha Reddy, GA

1:00-2:00 pm  Dietary Reference Intakes and Dietary Guidelines: The Latest Nutrition Standards for Today’s Older Americans
Nancy Wellman and Jean Lloyd

2:00-3:30 pm  Implementing Older Americans Nutrition Program Services I: What We Do After We Screen: MNT and Other Cutting Edge Nutrition Interventions
Nancy Wellman
Jennifer Keeley, MS, RD, Nutrition Coordinator, WI Bureau of Aging & Long Term Care
Suhda Reddy, MS, RD, Chief Nutritionist, GA Division of Aging Services
Bonnie Athas
Moderator: Floristene Johnson, MS, RD, Regional Nutritionist, Administration on Aging

3:30-4:00 pm  Stretch & Break: Compliments of The Peanut Institute

4:00-5:15 pm  Regional Work Sessions: State Issues and State Solutions
1. AoA Regions I, II, and III - Joseph Carlin with Les Rosenzweig
2. AoA Regions IV, V, VI, and VII - Floristene Johnson with Peggy Schafer
3. AoA Regions VIII, IX, and X - Jo Ann Pegues with Barbara Friedberg

Stakeholder Work Session: Aging Network Issues and Solutions
Jean Lloyd and Nancy Wellman

5:30-7:00 pm  Hospitality Suite
State Units on Aging Nutritionists Networking

7:00 pm  Dinner on your own
Tuesday, June 4, 2002

7:30-8:00 am  Continental Breakfast

8:00-9:30 am  Implementing Older Americans Act Nutrition Program Services II:
Steps to More Comprehensive Services;  Moderator: Jo Ann Pegues

- National Family Caregivers Support Program: The Newest OAA Program
  Rick Greene, MSW, AoA Office of Community Based Services

- Nutrition and Family Caregivers: Identification of New Risks for Caregivers
  Nancy Wellman

- Senior Farmers Market Nutrition Program: Expanded USDA Program
  Increases Fruit and Vegetable Intake
  Jennifer Drzik, MS, RD, Nutritionist, MD Department of Aging
  Amy Nickerson, MS, RD, Nutritionist, VT Department of Aging and Disabilities

- Emergency Preparedness: New Lessons From Disasters
  Robert O’Connell, AoA Regions I and II Administrator
  Holly Grueling, RD, Nutritionist, FL Department of Elder Affairs
  Les Rosenzweig, MS, RD, Associate Director, National Policy & Resource
  Center on Nutrition and Aging

9:30-10:00 am  National Policy and Resource Center on Nutrition and Aging:
Keeping YOU in the Vanguard: Les Rosenzweig

- Ageism: Let’s Update Our Language: Peggy Schafer, RD

- Foodservice Operations: Let’s Update Our Systems: Barbara Friedberg

10:00-10:30 am  Stretch & Break: Compliments of the Nutrition Screening Initiative

10:30-11:45 am  Older Americans Nutrition Program Fundamentals: How to Interpret the New
Provisions: Jean Lloyd, Joseph Carlin, Floristene Johnson, Jo Ann Pegues

11:45-1:15 pm  Lunch

1:15-3:15 pm  Implementing Older Americans Nutrition Program Services III:
Program Options and Innovations;  Moderator: Les Rosenzweig

- Computer Assisted Technology: How to Use Cutting Edge Applications
  Sarah Strawn, RD, Nutritionist, AL Department of Senior Services
  Kim Kelley, MSW, Nutrition Administrator, WA Aging & Adult Services
  Administration
  Kathy Stroh, MS, RD, Nutrition Consultant, DE Division of Services for Aging
  and Adults with Disabilities

- Program Innovations: How to Strategically Change Your Services
  Jean Friend, MPA, RD, Program Manager, MI Offices of Services to Aging
  Susan Wenberg, MPH, RD, MN Board on Aging

- Food Safety and Sanitation: How to Apply the New FDA Food Code
  Wendy Fanaselle, MS, RD, FDA Center for Food Safety and Applied Nutrition,
  Division of Cooperative Programs and Retail Food Team
  Mary Lee Welch, MS, RD, Nutritionist, CA Department of Aging

More
  Barbara Friedberg, Research Assistant, National Center on Nutrition and Aging

Conference Evaluation: Jean Lloyd