Nutrition & Aging on the web


Dietary Guidelines for Americans & MyPyramid

- [www.healthierus.gov](http://www.healthierus.gov) Provides information on physical fitness, prevention and nutrition
- [www.mypyramid.gov](http://www.mypyramid.gov) USDA's MyPyramid homepage

MyPyramid homepage

http://nutritionandaging.fiu.edu

National Resource Center on Nutrition, Physical Activity & Aging

- [http://nutritionandaging.fiu.edu](http://nutritionandaging.fiu.edu) Homepage for the National Resource Center on Nutrition, Physical Activity & Aging
- [http://nutritionandaging.fiu.edu/DRI_and_DGs/DRI_and_RDAs.asp](http://nutritionandaging.fiu.edu/DRI_and_DGs/DRI_and_RDAs.asp) RDAs & DRIs for older adults
- [http://nutritionandaging.fiu.edu/features_experts.asp](http://nutritionandaging.fiu.edu/features_experts.asp) Includes examples from local programs, sample documents, references, and resources to address information needs of local providers
- [http://nutritionandaging.fiu.edu/about_projects.asp](http://nutritionandaging.fiu.edu/about_projects.asp) Information on the Center’s projects & publications including the OANP Toolkit

You Can! Campaign


Aging Network Information

- [www.aoa.gov/prof/disaster_assist/disaster_assist.asp](http://www.aoa.gov/prof/disaster_assist/disaster_assist.asp) Information on disaster assistance
- [www.aoa.gov/prof/civil_rights/civil_rights.asp](http://www.aoa.gov/prof/civil_rights/civil_rights.asp) Civil rights information including details on HIPPA & non citizens
- [www.aoa.gov/prof/aoaprog/aoa_programs.asp](http://www.aoa.gov/prof/aoaprog/aoa_programs.asp) Information on AoA Programs and links to individual programs
# Administration on Aging (AoA)

**OAA Fact Sheets, E-News, Press Releases & Speeches**
  - Includes an overview of the subjects & details related to Administration on Aging initiatives as well as resource listings & suggested readings
  - AoA eNewsletter provides valuable, up-to-date key information
  - Provides AoA-related information including press releases, events calendar & more

**Statistics**
  - Statistical information on the aging population
- [http://agingstats.gov](http://agingstats.gov)
  - Web Site of the Federal Interagency Forum on Aging-Related Statistics

**Aging & Disability Resource Centers**
  - Information on ADRC grant programs & technical assistance

**OAA Strategic Plan & Performance Measurement**
- [www.aoa.gov/about/strategic/strategic.asp](http://www.aoa.gov/about/strategic/strategic.asp)
  - AoA Strategic Action Plan for 2003-2008
  - GPRA annual performance plans & results produced from OAA administered programs
- [www.aoa.gov/about/legbudg/current_budg/legbudg_current_budg.asp](http://www.aoa.gov/about/legbudg/current_budg/legbudg_current_budg.asp)
  - Fiscal year 2006 AoA budget information
- [www.gpra.net/default.asp](http://www.gpra.net/default.asp)
  - Homepage for the Performance Outcomes Measures Project
  - National Aging Program Information System (NAPIS) & State Program Report (SPR) tools, information & software
- [www.whitehouse.gov/omb/expectmore](http://www.whitehouse.gov/omb/expectmore)
  - Information on federal government programs, performance & planned improvements
- [www.aoa.gov/about/results/index.asp](http://www.aoa.gov/about/results/index.asp)
  - Information on program results & evaluation

**OAA Legislation & Budget**
- [www.aoa.gov/about/legbudg/ledbudg.asp](http://www.aoa.gov/about/legbudg/ledbudg.asp)
  - AoA and OAA legislation & regulations

**Resources for Elders & Family Members**
- [www.aoa.gov/eldfam/eldfam.asp](http://www.aoa.gov/eldfam/eldfam.asp)
  - Information to assist older persons & their caregivers in quickly obtaining information & resources on a variety of aging-related topics
- [www.eldercare.gov/Eldercare/Public/Home.asp](http://www.eldercare.gov/Eldercare/Public/Home.asp)
  - Eldercare Locator connects older Americans & their caregivers with sources of information on senior services
- [www.olderindians.org](http://www.olderindians.org)
  - Provides information about services, research data, & policies important to older Indians and their welfare as well as data & information from and about the Federal Interagency Taskforce on Older Indians

**Medicare**
  - Medicare Partnership Campaign website

**Evidence Based Grants**
  - Information on AoA’s new Evidence Based Disease Prevention Grants Program
- [http://healthyagingprograms.org](http://healthyagingprograms.org)
  - Homepage of the NCOA’s Center for Healthy Aging