

## Activities of Daily Living

<b>ACTIVITIES</b>	<b>INDEPENDENCE:</b> NO supervision, direction or personal assistance	<b>DEPENDENCE:</b> WITH supervision, direction, personal assistance or total care
<b>BATHING</b> Points: _____	Bathes self completely or needs help in bathing only a single part of the body such as the back, genital area or disabled extremity. <b>(0 POINTS)</b>	Needs help with bathing more than one part of the body, getting in or out of the tub or shower. Requires total bathing. <b>(1 POINT)</b>
<b>DRESSING</b> Points: _____	Gets clothes from closets and drawers and puts on clothes and outer garments complete with fasteners. May have help tying shoes. <b>(0 POINTS)</b>	Needs help with dressing self or needs to be completely dressed. <b>(1 POINT)</b>
<b>TOILETING</b> Points: _____	Goes to toilet, gets on and off, arranges clothes, cleans genital area without help. <b>(0 POINTS)</b>	Needs help transferring to the toilet, cleaning self or uses bedpan or commode. <b>(1 POINT)</b>
<b>TRANSFERRING</b> Points: _____	Moves in and out of bed or chair unassisted. Mechanical transferring aides are acceptable. <b>(0 POINTS)</b>	Needs help in moving from bed to chair or requires a complete transfer. <b>(1 POINT)</b>
<b>WALKING</b> Points: _____	Walks independently. <b>(0 POINTS)</b>	Walks with assistance; uses furniture, an arm or cane/walker for support. Unable to walk. <b>(1 POINT)</b>
<b>FEEDING</b> Points: _____	Gets food from plate into mouth without help. Preparation of food may be done by another person. <b>(0 POINTS)</b>	Needs partial or total help with feeding or requires parenteral feeding. <b>(1 POINT)</b>
<b>TOTAL = _____ NUMBER OF ADL IMPAIRMENTS</b>		